Warriors on Cataract River Raft Trip
By Dianne Whalen

Monday morning, September 4, 2017 dawned apprehensively for 29 female veterans who responded to the Warriors on Cataract invitation to float the Colorado River, thanks to the efforts of Dr. Frederick Solheim.

With caring support staff and gourmet river guides from Tag-a-Long Adventures, Moab, Utah, the women, who suffer from psychological trauma, sexual assault and violence, settled in for six days of confidence-inducing rapids and renewed self-worth.

The idyllic weather allowed everyone the opportunity to sleep under the stars on the soft sand or to be warm and cozy in solitary tents.

Everyone demonstrated compassion, courage and fun running the rapids. And everyone’s spirit deepened as they listened more intently, ventured into uncomfortable experiences, cared more about one another, judged less, and laughed more.

An extra day was purposely added so that those who desired could climb to the Dollhouse, 1300 vertical feet above the river in 101 degree heat. There they explored ancient granaries and petroglyphs.

Others kayaked, floated the rapids or simply relaxed reading and chatting.

The canyon and river yielded many gifts to their bodies, minds and spirits but the best were the gifts that everyone selflessly gave to one another.

Many hiked the 1200 feet elevation change to the Doll House and the Land of the Standing Rocks above our Brown Betty beach camp. A challenging hike, took about 6 hours.
Wheels on the River Poudre
“All I want is a fresh trout dinner!”
By Larry Sanford

The annual Outdoor Buddies fishing event on the Poudre was held Saturday, September 16th. Colorado was in full glory, starting with the cool fall temperatures and cold clear water!

There was a great attendance of fifty-six Outdoor Buddies members and their families.

Some folks arrived early, caught their limit of trout, and headed back down the mountain.

Boy did they miss a great day in the Colorado Mountains!

Let me back up and start at the beginning of the day.

This day started out with a problem; in that the gate into our fishing spot at Stevens Gulch was locked!

My wife, Penelope, and I arrived there first to start getting things ready to go, but with the gate locked we had to improvise. People started showing up and with all of their great help we shuttled the coolers, grills, and food that Outdoor Buddies provided for the day.

Thank God for great volunteers!

After contact was made with the US Forest Service representative, the gate was opened and all was good for the day of fishing!

The fishermen, women and children started catching fish right off the bat! But, soon after the fishing started so did the rain and boy did it get cold!

Just as fast as it started raining the clouds parted and the sun and blue skies came out and set the stage for the rest of the day.

Volunteers like Dan Brown, the fishing machine, helped everyone that he could learn to catch a fish. He explained how to fill the tug of a Brown, Cutthroat or Rainbow trout on their fishing pole!

I would like to mention all of the volunteers who helped out the folks with disabilities and their families; there were so many! Thank you all!

The attendance of fisherman on wheels was great to see!

I heard that many of the fishermen caught 20 - 30 fish which they released except for their legal limit.

At lunch there was more food than you could imagine! We are truly blessed!

The volunteers cooked hotdogs, brats, and hamburgers for the hungry outdoors families. They were a big hit!

Comments from Dr. Fred Solheim:

This was one of the best of the 22 trips we have conducted so far over the past 7 years. Karen House led the other three counselors Cristal McGill, Christine Palafax, and Susie Kincade. Karen, Cristal, and Susie are river runners and have rowed the Grand Canyon. Between the four of them there was an impressive collection of very bonding and healing activities.

The Colorado is low flow in September, so the water is relatively warm. The rapids are more docile, so the women could engage in confidence building water sports such as paddle boat, duckies, and life jacket floats through rapids. The beaches were wide. We extended this trip from 4 days to 5 to allow more campfire time, yoga, mindfulness, meditation, and hiking.

We hiked the Indian pictographs and dwelling at Lathrop Bottom. Trip Leader Sarah Sidwell described the pictographs and flora.

Many hiked the 1200 feet elevation change to the Doll House and the Land of the Standing Rocks above our Brown Betty beach camp. A challenging hike, took about 6 hours.

When it got hot in the afternoon, the women drifted in their life jackets.

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My First Archery Antelope Hunt  
By Roger Duckworth

My very first archery antelope hunt in a field in northern Colorado was outstanding! I was able to see things I never saw before; like a badger strolling by in the early morning and getting to see the antelope wake up and move about feeding while I was waiting for a chance to harvest one in close range with a crossbow.

There were extremely hot temperatures most of the day followed up by an afternoon thunder storm. The first day was very exciting.

The second trip was a few weeks later with a cloudy start to the morning then the sun came out and it started to warm fast.

There was a large herd of Black Angus cattle covering the water hole and pushing my ground blind with their noses. They were keeping the antelope away most of the day.

Then a few antelope decided to try to slip in around the cattle for a drink. A single antelope worked its way into an opening and stopped.

Using a range finder to make sure that my shot was in the limits of my crossbow, I ranged it at close to 35 yards.

I pulled up my crossbow with a new vortex 1x scope that is approved for disabled people to use, and settled the cross hairs on the antelope’s shoulder.

I took the safety off and slowly pulled the trigger.

The bolt struck the antelope perfectly behind the shoulder hitting the heart. I heard a big whack as the bolt hit the antelope. It turned and ran about twenty yards then piled up.

I said to myself, I have done it! I finally got an antelope with a crossbow and a lifelong dream came true!

Thank you, Larry Sanford, and Outdoor Buddies for making this a great experience. I could not have done this without Outdoor Buddies!

All in all, it was a fantastic day of fishing, food, families, and fun! Those of you who missed out this year please plan to come out to the next event!

Our special thanks go out to the US Forest Service for coming out on the weekend to help us get into one of their very nicely kept facilities on the Poudre River!

We also want to thank Colorado Parks and Wildlife for the continued support and the great fish stocking program that makes events like ours possible!
Outdoor Buddies to Participate at the Outdoor Adventure Expo

Colorado Parks and Wildlife will hold the first-ever Outdoor Adventure Expo at Cherry Creek State Park the weekend of September 23-24, 2017. This premier event, modeled after the highly successful Arizona Outdoor Expo, offers an expected 20,000 participants an opportunity to sample all of the recreation activities Colorado has to offer in one place, over one weekend.

New adventures begin here with three separate recreation areas (Outdoor, Shooting, and Water) which offer archery, biking, fishing, OHV rides, paddle boarding, rock climbing, sailing, shooting, and more! Entry to the Park will be free and attendees will enjoy food trucks, shuttle rides, and a wide array of outdoor recreation exhibitors and vendors who will share their expertise and passion for getting outside.

Studies show that spending time outdoors makes a person stronger, smarter, and happier and all of the staff and volunteers at CPW are excited to provide a smorgasbord of outdoor recreation at this anticipated event. Stay tuned for more information and details, which will be forthcoming on our website, in our emails, and on our social media channels!

CPW Outdoor Adventure Expo
New adventures begin here

You are invited to come to the Outdoor Adventure Expo and be sure to come by the Outdoor Buddies booth and visit with Outdoor Buddies representatives.

2017 Annual Veterans Fun Shoot

The 2017 Veterans Charity Fun Shoot will be held at Colorado Clays Shooting Park on Sunday, October 15, 2017.

Registration at 8:30am and shoot starts at 9:30am.

Come join us for a fun day for a great cause; 100 per cent of the proceeds go to benefit Colorado State Veterans Home in Aurora.

Corporate sponsorships are available. Contact Chip Allen at 303.947.2109.

You can register for the shoot via email at: vfw10649funshoot@outlook.com

See more information about this great event on pages 6 and 7 of this newsletter.

Sight-In Shoot at Tarryall State Wildlife Area
By Jim Piper

Outdoor Buddies will have a rifle shoot at Outdoor Buddies bunkhouse at Tarryall State Wildlife Area on Saturday, November 18th. Handi-buddies will have an opportunity to shoot from a vehicle at this event.

Typically, Outdoor Buddies hunters have opportunities to sight-in, but do not get a chance to try shooting from the vehicle. This is your chance to get this practice.

Carl Copeman with Colorado Parks & Wildlife built a shooting bench at this range and encouraged our group to use it. We will meet at the Tarryall bunkhouse at 9:30 am.

This is a nice view of the reservoir from the campground.

You may want to allow some extra time to do some fishing while you are at Tarryall!

Contact Jim Piper at or geopros@ClanMurray.org or 303-514-8944 for more information and to make your reservation.
Outdoor Buddies Mission:
Improve the quality of life by providing opportunities, through a volunteer organization, for those who have been deprived of enjoying outdoor experiences. These opportunities are available to all with no additional costs (other than personal expenses) and no discrimination due to race, color, creed, religion, sex, or family status.

The Outdoor Buddies Sporting Clays Fundraiser
By Michael G. Sabbeth

Sporting clays shooters raise money for many marvelous causes, and to my mind, none is nobler than the shooting events organized by Outdoor Buddies. A volunteer-based nonprofit organization, Outdoor Buddies offers outdoor experiences to disadvantaged youth and disabled people, many severely so and wheelchair-confined. The organization was birthed nearly forty years ago as a partnership between it and Craig Hospital in Denver, the world’s preeminent treatment center for spinal cord and brain injuries.

On August 5th, 2017 the third annual Outdoor Buddies sporting clays benefit was held at Colorado Clays Shooting Park in Brighton, about thirty miles east of Denver. The turnout was quite respectable for a relatively new event, drawing, I estimated, about forty shooters and benefitting from the efforts of a dozen or more volunteers.

Imagine in your mind’s eye seeing people propelled in sophisticated electric-powered Actiontrack wheelchairs, silently moving from shooting station to station like silent tank divisions.

Watching these shooters is inspirational and, I confess, does tend to get the old eyes a little watery. They are chatting and laughing and shooting at clays in the most sportsman-like manner.

The reader can best grasp the power and meaning of this event by reading the words voiced to me by the participants. “The whole purpose of rehabilitation is to get out and do something,” said Larry Sanford, president of Outdoor Buddies. “This sporting clays event is doing something.”

Dave, a wheelchair-bound participant, told me: “For these few hours, I forget my disability. I’m just another shooter having fun!” Bill told me, “When I’m shooting, I am equal to the able-bodied shooters. I can do what they can do. It is a great joy!”

Top gun was Mike Smith, who shot a stunning 86 on a course rather challenging for a fundraising event. The winning team comprised of Justin Gleim, Jeff Richman, Alex Heeke, Sam Gluck, and Colin Gluck.

After the shooting, we all returned to the clubhouse to savor delicious BBQ catered by Pat and Billy Clark. Then a raffle of donated items was held. Outdoor Buddies acknowledges and thanks the Enstrom Family and Enstrom Candies for sponsoring this event, as they have generously done for several other Outdoor Buddies events for many years. As always, Cory and Doug Kraft, owners of Colorado Clays, had the facilities at concert pitch like a finely-tuned orchestra.

Fiocchi USA, a consistent supporter of Outdoor Buddies, has, once again, helped put a smile on very deserving faces. The springing teal target at station 9 was high, but our spirits and joy were higher. As the lyricist Ira Gershwin wrote, “Who could ask for anything more?”

For more information: please visit: www.outdoorbuddies.org and perhaps make a donation to this marvelous organization.
Outdoor Buddies Newsletter – September 2017

Veterans Fun Shoot
Open to the public

Sunday,
October 15, 2017
Registration at 8:30am Shoot at 9:30am
Pre register at vfw10649funsshot@outlook.com

100 rounds of Sporting Clays $75

Raffle
Henry Rifle

Golden Boy 22 Long Rifle
Tickets $10 each or 3 for $25

100% of the proceeds to benefit the Colorado State Veterans home in Aurora

Sponsored by

Cabela’s
World’s Foremost Outfitter®

OTIS
Defensive

DangerLee Industries

Corporate sponsorships available.
Chip Allen 303-947-2109 or
Email Loanchip@Hotmail.com for details

100% Raffle Proceeds benefit the VFW Veterans Home in Aurora, Colorado

* winner has to clear a background check prior to receiving the Henry Rifle.

Organized by VFW post 10649 Elbert, Douglas, Elizabeth is a 501 (c) 19 non profit organization
2017 Annual
Veterans Charity Fun Shoot
Raffle

Henry Golden Boy .22 Long Rifle
Tickets $10 each or 3 for $25
100% of the proceeds to benefit the
Colorado State Veterans Home in Aurora

Veterans Fun Shoot and drawing held at Colorado Clays Shooting Park
13800 Lanewood Street Brighton, CO 80603
on Sunday October 15

For tickets or more information contact:
VFW 10649 Post Commander Derrick.J.Riley@outlook.com—303-808-9922
Chip Allen at Loanchip@hotmail.com or 303-947-2109
Registration or more information vfw10649funshoot@outlook.com
Shown below are currently scheduled events. Other activities will be scheduled as appropriate.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event/Location</th>
<th>Description</th>
<th>Contacts</th>
</tr>
</thead>
<tbody>
<tr>
<td>June – September</td>
<td>Outdoor Buddies fishing outings at Tarryall State</td>
<td>Outdoor Buddies volunteers will coordinate fishing activities at Tarryall</td>
<td>Jim Piper (303) 514-8944</td>
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<td></td>
<td>Wildlife Area.</td>
<td>using leased properties and Tarryall Reservoir.</td>
<td><a href="mailto:geopros@cq.com">geopros@cq.com</a></td>
</tr>
<tr>
<td>September 23-24</td>
<td>Outdoor Adventure Expo at Cherry Creek State Park.</td>
<td>An opportunity to sample all of the recreation activities Colorado has to</td>
<td>Dwaine Robey (303) 877-8584</td>
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<td></td>
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<td>offer in one place, over one weekend.</td>
<td><a href="mailto:dwaine.robey@outdoorbuddies.org">dwaine.robey@outdoorbuddies.org</a></td>
</tr>
<tr>
<td>October 1 through</td>
<td>Pronghorn, deer, and elk hunts in various Colorado</td>
<td>Previously scheduled hunts will continue throughout the big game hunting</td>
<td>Larry Sanford (970) 218-5356</td>
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<tr>
<td>January 31</td>
<td>locations.</td>
<td>seasons.</td>
<td><a href="mailto:popsarrys@gmail.com">popsarrys@gmail.com</a></td>
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<tr>
<td>October 16</td>
<td>Outdoor Buddies Board of Directors meeting at the</td>
<td>Board meeting starting at 6:00 PM. Non-board members are welcome; please</td>
<td>Dwaine Robey (303) 877-8584</td>
</tr>
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<td></td>
<td>Lone Tree Cabela’s.</td>
<td>RSVP in advance.</td>
<td><a href="mailto:dwaine.robey@outdoorbuddies.org">dwaine.robey@outdoorbuddies.org</a></td>
</tr>
<tr>
<td>November 18</td>
<td>Sight-In Shoot at Tarryall State Wildlife Area</td>
<td>Handi-buddies will have an opportunity to shoot from a vehicle at this</td>
<td>Jim Piper (303) 514-8944</td>
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<td>event.</td>
<td><a href="mailto:geopros@ClanMurray.org">geopros@ClanMurray.org</a></td>
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<td>January 11-14</td>
<td>International Sportsmen’s Expo at the Colorado</td>
<td>Outdoor Buddies will staff a booth at the Expo.</td>
<td>Dwaine Robey (303) 877-8584</td>
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<td></td>
<td>Convention Center.</td>
<td></td>
<td><a href="mailto:dwaine.robey@outdoorbuddies.org">dwaine.robey@outdoorbuddies.org</a></td>
</tr>
<tr>
<td>April 21</td>
<td>Outdoor Buddies 2018 Banquet at the Hyatt</td>
<td><strong>Mark your calendar.</strong> Annual fundraiser banquet at the Hyatt Regency</td>
<td>Dwaine Robey (303) 877-8584</td>
</tr>
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<td></td>
<td>Regency Conference Center located at 13200 East 14th</td>
<td>Aurora-Denver Conference Center. Tickets will go on sale in January.</td>
<td><a href="mailto:dwaine.robey@outdoorbuddies.org">dwaine.robey@outdoorbuddies.org</a></td>
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<td></td>
<td>Place in Aurora, Colorado.</td>
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<td>April 28</td>
<td>Rich Cori Memorial sight-in at Green Mill Sportsman’s</td>
<td>Big bore and pistol ranges are reserved starting at 8:00 AM.</td>
<td>Wally Hunt (303) 985-2293</td>
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<td></td>
<td>Club</td>
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<td><a href="mailto:wdhunt1716@outlook.com">wdhunt1716@outlook.com</a></td>
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<td>2490 County Rd 3, Erie.</td>
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<td>May 19</td>
<td>Armed Forces Day Family Day at A Painted View Ranch</td>
<td>There will be free admittance, free food, and lots of games and demonstrations. Everyone is welcome!</td>
<td>Dwayne Robey (303) 877-8584</td>
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<td></td>
<td>in Westcliffe.</td>
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<td><a href="mailto:dwaine.robey@outdoorbuddies.org">dwaine.robey@outdoorbuddies.org</a></td>
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<tr>
<td>June 9</td>
<td>Outdoor Buddies Family Day at Swift Ponds.</td>
<td>There will be free admittance, free food, and lots of fishing, shooting,</td>
<td>Larry Sanford (970) 218-5356</td>
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<td></td>
<td>Everyone is welcome!</td>
<td>games and demonstrations.</td>
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<td><a href="mailto:wdhunt1716@outlook.com">wdhunt1716@outlook.com</a></td>
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<td>2490 County Rd 3, Erie.</td>
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<td>August 4</td>
<td>Outdoor Buddies Sporting Clayes Event at Colorado</td>
<td>All day fundraiser event at Colorado Clays LLC 13600 Lanewood Street</td>
<td>Larry Sanford (970) 218-5356</td>
</tr>
<tr>
<td></td>
<td>Clays Shooting Park near Brighton, Colorado.</td>
<td>Brighton, Colorado.</td>
<td><a href="mailto:popsarrys@gmail.com">popsarrys@gmail.com</a> or <a href="mailto:dwaine.robey@outdoorbuddies.org">dwaine.robey@outdoorbuddies.org</a></td>
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<td></td>
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