Outdoor Buddies Sporting Clays Fundraiser
at Colorado Clays Shooting Park

By Mark Almond

On August 5th, 2017 the Outdoor Buddies annual sporting clays benefit was held at Colorado Clays Shooting Park in Brighton. I felt privileged to be there to help out and see everything even though the invitation was inevitable being that I am married to Larry Sanford’s daughter. The first thing I noticed when I got there was the amount of work that must have gone into hosting the event by Larry Sanford and his family, the Outdoor Buddies leadership, and the rest of the volunteers. Being part of the family I have seen some of the groundwork that leads up to events like this, but let’s be honest here, Larry and Penny love what they do and I suspect the rest of the Board members and volunteers do as well.

Even though there is a ton of work that goes into this event and others like it, that’s not what it is about for those who pour their lives into it. This event was about raising money so that Outdoor Buddies can help people get into the outdoors who otherwise would miss out on that part of life, and it truly is inspirational to me. As I watch some of the people that Outdoor Buddies helps I have to stop and look in myself to see if I could be doing more: more helping others, and more getting outdoors myself.

Around 9:00 the morning of the event teams starting showing up to finish registration and of course get coffee and pastries as promised. It seemed everyone was in good spirits despite the controlled chaos that surrounds getting an event like this started. By around 10:00 the safety meeting had been held, teams were off to their starting stations, and the volunteers took a deep breath if only for a minute. It was during that time that I went down to the course to take pictures of the teams and different stations.

That was when I really got to see the great group of people who had chosen to spend their hard earned money having fun while supporting a great cause. There was such a wide range of people there: There were great shooters like a gentleman named Mike Smith who shot an 86 (yikes) to not so great shooters who might be glad I can’t remember their names… There were very young shooters (yes, now that I’m in my 30’s a teenager is very young), you get the point.

There were families in some teams, groups of friends in others, and even some single shooters who got to meet new people and shoot with them. The thing that stuck out was that throughout the course I heard people laughing and having fun. Ok, I saw them laughing, I couldn’t hear much with earplugs in.

The winning team comprised of Justin Gleim, Jeff Richman, Alex Heeke, Sam Gluck, and Colin Gluck, shot a 281.6.

Yes, there was a decimal in that number. Their team had five members so a weighted average was used, even though their lowest member wasn’t technically part of the team. They had four members that all shot over 70 and were all among the best shooters of the day.

Volunteer Corner
By Dan Brown, Volunteer Committee

Persons interested in volunteering for any of the upcoming Outdoor Buddies events please contact Dan Brown at 843-816-0901 or fk16pts@yahoo.com.
Once the shooting was finishing up, the teams came back to the club house to enjoy some delicious BBQ catered by Pat Clark and Billy. As the teams finished eating they demonstrated their generosity through purchasing raffle tickets.

Outdoor Buddies expresses our sincere thanks and gratitude to the Enstrom family and Enstrom Candies for sponsoring this event and for their outstanding support for many years.

Thank you Rick, Linda, Eric and all the Enstrom family!

The Enstrom Sporting Clays team.

As we counted up team points I had several people come up and ask if they could just donate. They didn’t want anything more than just to help the organization help others have experiences similar to what they had just enjoyed.

The last part of the day was the live auction and trophy ceremony.

All in all, it was a wonderful day. Let’s do it again next year! Mark your calendar now and participate in the Outdoor Buddies Sporting Clays Tournament at Colorado Clays Shooting Park on August 4, 2018.

Outdoor Buddies Elects New Officers/Board Member

The agenda for the Outdoor Buddies Board of Directors meeting held on August 22nd included the election of a new Vice President, Secretary, and the addition of a new board member.

Nicholas Filler was elected as Outdoor Buddies Vice President. Nick has been a very active and productive member of the organization for the past two years. He carries a heavy load of Outdoor Buddies administrative tasks and has participated as a helper and guide on a variety of hunting outings.

Nick is works at Cabela’s as a Senior Marketing Specialist and brings a wealth of experience and expertise to the Outdoor Buddies management team.

Terry Gleason became the new Outdoor Buddies Secretary. Terry has been a member of the organization since August of 2015 and has been involved with many aspects of the organization. In addition to several administrative tasks, he has been a contributor in fundraising efforts, primarily by selling raffle tickets for drawings held at Outdoor Buddies annual fundraiser banquets.

Shai Bardfield was elected to the Outdoor Buddies Board of Directors. Shai has been a member of Outdoor Buddies since August 2014. He and his family have been very active members of Outdoor Buddies, often contributing their time and energy helping with a variety of activities and events.

Shai is an active member of the United States Army and is stationed at Fort Carson as a Blackhawk helicopter pilot.

Outdoor Buddies is very fortunate to have these extremely well qualified individuals as volunteers for our organization.

Outdoor Buddies has no paid staff; it is an all-volunteer nonprofit organization. All volunteers, including our Board members serve because of their desire to help others with a focus on assisting persons with disabilities and disadvantaged youth.

We can use your help!
Outdoor Buddies to Participate at the Outdoor Adventure Expo

Colorado Parks and Wildlife will hold the first-ever Outdoor Adventure Expo at Cherry Creek State Park the weekend of September 23-24, 2017. This premier event, modeled after the highly successful Arizona Outdoor Expo, offers an expected 20,000 participants an opportunity to sample all of the recreation activities Colorado has to offer in one place, over one weekend.

New adventures begin here with three separate recreation areas (Outdoor, Shooting, and Water) which offer archery, biking, fishing, OHV rides, paddle boarding, rock climbing, sailing, shooting, and more! Entry to the Park will be free and attendees will enjoy food trucks, shuttle rides, and a wide array of outdoor recreation exhibitors and vendors who will share their expertise and passion for getting outside.

Studies show that spending time outdoors makes a person stronger, smarter, and happier and all of the staff and volunteers at CPW are excited to provide a smorgasbord of outdoor recreation at this anticipated event. Stay tuned for more information and details, which will be forthcoming on our website, in our emails, and on our social media channels!

CPW Outdoor Adventure Expo
New adventures begin here

You are invited to come to the Outdoor Adventure Expo and be sure to come by the Outdoor Buddies booth and visit with Outdoor Buddies representatives.

Warriors on Cataract Raft Trips

Dr. Frederick Solheim is a river runner and scientist residing in Boulder Colorado. Inspired by stories about the extreme challenges faced by severely wounded military service men and women, he decided that he wanted to do something to help.

Fred is an avid “river rat” having made the run on the Colorado River from Moab, Utah through Canyonlands National Park and Cataract Canyon into Lake Powell in his J-boat river raft many times.

From his experiences on the river, Fred knew that there could be many therapeutic and rehabilitative benefits associated with this activity.

Fred learned that each year over 7,000 veterans succumb to their hopelessness and depression and die at their own hand. This is more than have been lost in 15 years of combat in the conflicts in the Middle East. He felt that this doesn’t have to be. So he formed Warriors on Cataract and became its founder, fundraiser, and organizer. In 2011, Solheim contacted Outdoor Buddies and asked for help with administrative tasks associated with operating a nonprofit organization.

Since then, Warriors on Cataract has been operating as a subset program within Outdoor Buddies doing four or five raft trips each year, and taken about 500 disabled veterans on these whitewater trips.

Warriors on Cataract is dedicated to healing wounded veterans. Disabilities include traumatic brain injuries from explosions and other cranial impacts, gunshot wounds, spinal injuries, multiple amputations, post-traumatic stress disorders, severe burns, blindness, among other permanent combat wounds.

Solheim says “We find that a multi-day whitewater trip is a watershed for many of the Wounded Warrior participants, giving them new hope and perspective, and forming a support group of other combat veterans, thereby putting them on a path to recovery and reintegration.

Warriors on Cataract has discovered an effective tool in the form of “bonding raft trips” to heal and integrate disabled vets back into society. The warriors tend to spontaneously form support groups, bond up, and talk through their stuff. A Veteran’s Administration therapist confirmed that these soldiers are better healers among themselves than what the VA can accomplish with therapy and medications. Another related that she had had nine vets on High Risk Suicide Watch, and after the raft trip they were able to graduate all nine off Watch.

One annual whitewater trip in particular, “All Women Wounded Warriors”, is for women who are facing deep psychological trauma from sexual assault and violence in the military. Mixing them with male wounded vets could have a chilling effect.

Three trips are annually run in May-June when the Colorado River is high. Combat soldiers are adrenaline junkies and like the thrill of the high water. An all women raft trip is scheduled to launch on September 4th.

There are 29 women signed on this year’s 5-day trip.
Outdoor Buddies Mission:
Improve the quality of life by providing opportunities, through a volunteer organization, for those who have been deprived of enjoying outdoor experiences. These opportunities are available to all with no additional costs (other than personal expenses) and no discrimination due to race, color, creed, religion, sex, or family status.

Dove Hunting, Anyone?

Al Montoya is coordinating a dove hunt on Saturday, September 2nd near Watkins, CO.

Interested persons should contact Al for more information and to register for the hunt.

You can contact Al at 303.296.4610 or agmontoya@q.com.

Annual Fishing Outing
On the Cache la Poudre River

Outdoor Buddies will hold its annual fall fishing outing on the Cache la Poudre River on Saturday, September 16, 2017 from 8:00am to 3:00pm.

The outings are held at the US Forest Service’s Stevens Gulch Picnic Site.

Everyone is welcome. Outdoor Buddies will provide lunch, soft drinks, and fishing assistance for those who want it. There will be two Actiontrack wheelchairs available if needed.

You can find additional information and directions to the fishing site on Page 5 of this newsletter.

Please register for this event with Larry Sanford at 970-218-5356 in advance so that we will know how many persons will be having lunch with us.

Fishing/Camping Outings at Tarryall State Wildlife Area

Outdoor Buddies volunteers will coordinate fishing activities at Tarryall using leased properties and Tarryall Reservoir.

In addition, Outdoor Buddies has exclusive access to a secluded campsite near Tarryall Reservoir, in South Park.

Group camping at this scenic campsite is available by reservation June 1st through August 31st. Youth groups, boy scouts, girl scouts, and church groups are also invited to use this 40 acre campsite. Camping facilities available at the site include 4 picnic tables, 2 metal ringed fire pits, and a pit toilet.

Hiking trails found nearby in the Lost Creek Wilderness area are easily accessible from the Tarryall camp. ATV roads close to the camp are found along Forest Service Road 143 (Derbyshire gulch).

Tarryall Reservoir, close to the campground, has a reputation for great trout fishing, and Tarryall Creek offers easy access along stretches controlled by the Colorado Parks & Wildlife (CPW).

Groups who are interested in fishing activities at Tarryall should contact Outdoor Buddies to schedule an event. To reserve the campsite please contact: Jim Piper, 303-514-8944, email: geopros@clanmurray.org.
Outdoor Buddies
Annual Fishing Outing
On the Cache La Poudre River
Saturday, September 16, 2017
8:00 AM to 3:00 PM

The Cache La Poudre River, sometimes called the Poudre River or the Poudre, headwaters are in the Front Range in Larimer County, in the northern part of Rocky Mountain National Park. The river descends eastward in the mountains through the Roosevelt National Forest in Poudre Canyon. It emerges from the foothills north of the city of Fort Collins.

It flows eastward across the plains, passing north of the city of Greeley, and flows into the South Platte River approximately 5 miles east of Greeley.

The name of the river means "Hide the powder" in French. It refers to an incident in the 1820s when French trappers, caught by a snowstorm, were forced to bury part of their gunpowder along the banks of the river.

The river is a popular summer destination for fly fishing, whitewater rafting, tubing, and kayaking in the Poudre Canyon. The fish in the Cache La Poudre River include: rainbow and brown trout.

This is where Outdoor Buddies holds an annual fall fishing outing. The outings are held at the US Forest Service’s Stevens Gulch Picnic Site.

Directions: From Fort Collins take highway 14 west to Teds Place, and take a left. Go 17 and 1/2 miles. Stevens Gulch is two miles west of the tunnel just after mile marker 105. Parking is northwest of the road at the campsite. The site is at an elevation of 6,112.

The Stevens Gulch picnic site has seven sites, each with a picnic table and fire pit or grill. Campfires are allowed in the fire ring or grate provided. There are vault toilets at the picnic site. There is no fresh water supply at the picnic site. Outdoor Buddies is offering a terrific day of fishing, and we guarantee CATCHING, on the Poudre River on Saturday, September 10th. Colorado Parks and Wildlife is helping make this an end of summer adventure for Outdoor Buddies members and their families by stocking some fish for us the day before our outing.

Outdoor Buddies will provide lunch, soft drinks, and fishing assistance for those who want it. There will also be two Actiontrack wheelchairs available if needed.

Please register for this event with Larry Sanford at 970-218-5356 in advance so that we will know how many persons will be having lunch with us.
### Upcoming Events Calendar

Shown below are currently scheduled events. Other activities will be scheduled as appropriate.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event/Location</th>
<th>Description</th>
<th>Contacts</th>
</tr>
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<tbody>
<tr>
<td>June – September</td>
<td>Outdoor Buddies fishing outings at Tarryall State Wildlife Area.</td>
<td>Outdoor Buddies volunteers will coordinate fishing activities at Tarryall using leased properties and Tarryall Reservoir.</td>
<td>Jim Piper (303) 514-8944 <a href="mailto:geopros@q.com">geopros@q.com</a></td>
</tr>
<tr>
<td>September 2</td>
<td>Dove hunt near Watkins, Colorado.</td>
<td>Interested persons should contact Al for more information and to register for the hunt.</td>
<td>Al Montoya (303) 296.4610 <a href="mailto:agmontoya@q.com">agmontoya@q.com</a></td>
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<td>September 16</td>
<td>Outdoor Buddies Fishing Outing on the Cache la Poudre River west of Fort Collins.</td>
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<td>Larry Sanford (970) 218-5356 <a href="mailto:popslarrys@gmail.com">popslarrys@gmail.com</a></td>
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<tr>
<td>September 23-24</td>
<td><strong>Outdoor Adventure Expo</strong> at Cherry Creek State Park.</td>
<td>An opportunity to sample all of the recreation activities Colorado has to offer in one place, over one weekend.</td>
<td>Dwaine Robey (303) 877-8584 <a href="mailto:dwaine.robey@outdoorbuddies.org">dwaine.robey@outdoorbuddies.org</a></td>
</tr>
<tr>
<td>October 1 through January 31</td>
<td>Pronghorn, deer, and elk hunts in various Colorado locations.</td>
<td>Previously scheduled hunts will continue throughout the big game hunting seasons.</td>
<td>Larry Sanford (970) 218-8386 <a href="mailto:popslarrys@gmail.com">popslarrys@gmail.com</a></td>
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